

— FOOD —

THE CAPTAIN COOK

— MENU —

TO START

**GLASS OF MANZANILLA
LA GOYA - 7**

OLIVAS MARINADAS - 4.5
Marinated olives

BREAD TO SHARE - 3.5
Bread with olive oil and balsamic
vinegar

PAN CATALAN - 5
Toasted bread with tomato, olive oil &
black pepper / per person (2 pieces)

**BOQUERONES EN VINAGRE
9.5**
Fresh marinated white anchovies in
vinegar

**JAMON IBERICO DE CEBO
13**
Hand-cut Iberian cebo ham

VEGETARIANO

VEGETARIAN

**GRILLED ASPARAGUS AND
COURGETTE - 9.3**
With parmesan cheese and pine nuts

**ARANCINI DE QUESO
MANCHEGO - 11.5**
Manchego cheese arancini w/ sweet
chilli mayo

**CROQUETAS DE CHAMPINONES
Y TRUFA - 10.5**
Mushroom & truffle croquettes

**PIMIENTOS DEL PADRON
9**
Padron peppers with Maldon sea salt

**NUESTRAS BERENJENAS -
10.5**
Fried aubergines with honey & goat's
cheese

HALLOUMI CHIPS - 8.8
With sweet chilli sauce

ENSALADA GRIEGA - 9
Greek style salad

PATATAS BRAVAS - 8.5
With aioli & bravas sauce

HUEVOS ROTOS - 9.5
Fried potato, onion & egg with padron
peppers

MAR

FROM THE SEA

**CROQUETAS CASERAS DE
CALAMAR - 10.5**
Homemade croquettes w/ squid ink

GAMBAS AL AJILLO - 12.5
King prawns w/ garlic and fresh chilli
sauce

CHIPIRONES FRITOS - 10.5
Salt & peppers squid w/ aioli

**PESCADO REBOZADO CON
PATATAS - 9.8**
Mini fish & chips

— FOOD —

THE CAPTAIN COOK

— MENU —

HUEVOS ROTOS - 10.5

Fried potato, onion & egg with jamon

TIERRA

FROM THE LAND

BOCADITOS DE PANCETA 9.5

Pork belly bites with balsamic dressing

PINCHITO DE POLLO - 10

Grilled marinated chicken skewer with saffron aioli

CROQUETAS CASERAS DE JAMON IBERICO - 11

Homemade Iberian ham croquettes

ALBONDIGAS RELLENAS DE MANCHEGO - 11

Meatballs stuffed with Manchego cheese in tomato sauce

SECRETO IBERICO A LA BRASA - 12.5

Grilled pork steak (secret cut) with padron peppers and chimichurri sauce

NUGGETS DE POLLO - 8.5

Homemade chicken nuggets with BBQ sauce & mayo

SOBRASADA - 9

Chorizo pate served with crusty bread

MINI HAMBURGUESAS DE TERNERA - 11.5

Two mini beef cheeseburgers

CHORIZO A LA SIDRA - 9.8

Spanish chorizo in cider sauce

PLATOS PRINCIPALES

MAIN MEALS

SALMON AL PARPILLOTE CON PATATAS (A LO POBRE) - 19.5

Baked salmon with fried potato slices & seasonal vegetables

BEER-BATTERED HADDOCK & CHIPS - 17.5

w/ mushy peas & tartare sauce

CAPTAIN'S FAVOURITE BEEF BURGER - 17.5

With bacon, cheese, sauce, crispy onions & chips

PORK STEAK SECRET CUT 21

With padron peppers & triple cooked chips

GRILLED CHICKEN BURGER - 17

With bacon, blue cheese, crispy onions, sauce & chips

GREEK SALAD - 16.5

Traditional Greek salad

TRADITIONAL CHICKEN CAESAR SALAD - 16.5

With rosemary croutons, parmesan, Spanish anchovies & grilled chicken

MOVING MOUNTAINS VEGGIE BURGER - 16.5

with cheese, sauce, crispy onions & sweet potato fries