

— FOOD —

THE CAPTAIN COOK

— MENU —

SUNDAY ROAST

30-DAY DRY-AGED PURE GRASS-FED BRITISH BEEF 24

With hispi cabbage, fine green beans,
carrots, parsnips, roast potatoes, and a
Yorkshire pudding

CORN-FED SUPREME ENGLISH CHICKEN BREAST 21

With hispi cabbage, fine green beans,
carrots, parsnips, roast potatoes,
stuffing, and a Yorkshire pudding

LOCALLY-SOURCED ENGLISH LAMB - 25

With hispi cabbage, fine green beans,
carrots, parsnips, roast potatoes, and a
Yorkshire pudding

ULTIMATE NUT ROAST - 19

With hispi cabbage, fine green beans,
carrots, parsnips, roast potatoes, and a
Yorkshire pudding

CAULIFLOWER CHEESE - 10

PLATOS PRINCIPALES

MAIN MEALS

BEER-BATTERED HADDOCK & CHIPS - 17

w/ mushy peas & tartare sauce

GRILLED CHICKEN BURGER - 16.5

With bacon, blue cheese, crispy onions,
sauce & chips

MOVING MOUNTAINS VEGGIE BURGER - 16.5

with cheese, sauce, crispy onions &
sweet potato fries

CAPTAIN'S FAVOURITE BEEF BURGER - 17

With bacon, cheese, sauce, crispy onions
& chips

TAPAS

PINCHITO DE POLLO - 9.9

Grilled marinated chicken skewer with
saffron aioli

SOBRASADA - 9

Chorizo pate served with crusty bread

ARANCINI DE QUESO MANCHEGO - 11

Manchego cheese arancini w/ sweet chilli mayo

CHORIZO A LA SIDRA - 9.5

Spanish chorizo in cider sauce

ANCHOAS DE CANTABRIA - 9

Cantabrian anchovies

NUESTRAS BERENJENAS - 10

Fried aubergines with honey & goat's cheese

CROQUETAS CASERAS DE JAMON IBERICO - 10.5

Homemade Iberian ham croquettes

PAN CATALAN - 4

Toasted bread with tomato, olive oil &
black pepper / per person (2 pieces)

ALBONDIGAS RELLENAS DE MANCHEGO - 10.5

Meatballs stuffed with Manchego cheese in tomato sauce

BOQUERONES EN VINAGRE - 9

Fresh marinated white anchovies in vinegar

PESCADO REBOZADO CON PATATAS - 9.3

Mini fish & chips

ENSALADA GRIEGA - 8.8

Greek style salad

BOCADITOS DE PANCETA - 9.3

Pork belly bites with balsamic dressing

GAMBAS AL AJILLO - 11.5

King prawns w/ garlic and fresh chilli sauce

PATATAS BRAVAS - 8.5

With aioli & bravas sauce

CHIPIRONES FRITOS - 10

Salt & peppers squid w/ aioli

CROQUETAS DE CHAMPINONES Y TRUFA - 10

Mushroom & truffle croquettes

PIMIENTOS DEL PADRON - 9

Padron peppers with Maldon sea salt

NUGGETS DE POLLO - 8

Homemade chicken nuggets with BBQ sauce & mayo

CROQUETAS CASERAS DE CALAMAR - 10

Homemade croquettes w/ squid ink

JAMON IBERICO DE CEBO - 11.5

Hand-cut Iberian cebo ham