

The Captain Cook

SPANISH TAPAS & TRADITIONAL FAVOURITES

PARA EMPEZAR

STARTERS & LIGHT BITES

OLIVAS MARINADAS

Marinated olives / 3.8

SELECCION DE PANES

Bread with olive oil and balsamic vinegar / 2.75 per person (2 pieces)

PAN CATALAN

Toasted bread with tomato, olive oil & black pepper / 2.9 per person (2 pieces)

KIKOS FRITOS

Dried fried corn with spices / 3

VEGETARIANO

VEGETARIAN

PARILLADA DE VERDURAS

Grilled asparagus & courgette with shaved parmesan and pine nuts / 7.8

NUESTRAS BERENJENAS

Fried aubergines with honey & goats cheese / 8.5

CARPACCIO DE CALABACIN

Zucchini carpaccio with manchego cheese & roasted almonds / 7.8

PATATAS BRAVAS

With aioli & bravas sauce / 7

ARANCINI DE QUESO MANCHEGO

Manchego cheese arancini w/ sweet chilli mayo / 9

HALLOUMI CHIPS

With sweet chilli sauce / 7

CROQUETAS DE CHAMPINONES Y TRUFA

Mushroom & truffle croquettes / 8.5

ENSALADA GRIEGA

Greek style salad / 7.8

HUEVOS ROTOS

Fried potato, onion & egg with padron peppers / 8

PIMIENTOS DEL PADRON

Padron peppers with Maldon sea salt / 7.5

PLATOS PRINCIPALES

MAIN MEALS

SLOW COOKED PORK KNUCKLE

With hand-cut potatoes & green chilli tempura / 17

GRILLED CHICKEN BURGER

With bacon, blue cheese, crispy onions & chips / 15

BEER-BATTERED COD & CHIPS

w/ mushy peas & tartare sauce / 15.5

PORK STEAK SECRET CUT

With sweet, green chilli tempura & triple cooked chips / 18

SALMON AL PARRILLOTE CON PATATAS (A LO POBRE)

Baked salmon with fried potato slices & tenderstem brocolli / 17

TRADITIONAL CHICKEN CAESAR SALAD

With rosemary croutons, parmesan, Spanish anchovies & grilled chicken / 15

CAPTAIN'S FAVOURITE BEEF BURGER

With bacon, cheese, sauce, crispy onions & chips / 15.5

MOVING MOUNTAINS VEGGIE BURGER

with cheese, sauce, crispy onions & sweet potato fries / 14.5

CRISPY FISH BURGER WITH CHARCOAL BUN

With lettuce, pickle, tartare sauce & sweet potato fries / 15.5

GOAT CHEESE SALAD

With mixed leaf, walnut, raisins, apple, red onion & artichokes / 14

GREEK SALAD

Traditional Greek salad / 14

203 - 205 DAWES ROAD, FULHAM, LONDON, SW6 7QY

VISIT US AT WWW.THECAPTAINCOOK.COM

A DISCRETIONARY 12.5% SERVICE CHARGE WILL BE ADDED TO YOUR BILL

IMPORTANT: OUR FOOD MAY CONTAIN NUTS, IF YOU HAVE ANY TYPE OF ALLERGY TO ANY TYPE OF FOOD PRODUCTS, PLEASE ADVISE YOUR SERVER PRIOR TO ORDERING

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DELI

FRESH FROM THE DELI

CAMEMBERT AL HORNO

Baked camembert served with crusty bread and celery / 11

TOSTA DE ANCHOAS

Toasted bread with tomato, roasted red peppers & anchovies / 6.5

SELECCION DE QUESOS

Selection of Spanish cheeses with quince chutney / 11

ANCHOAS DE CANTABRIA CON QUESO MANCHEGO

Anchovies served with Manchego cheese / 8.5

BOQUERONES EN VINAGRE

Fresh marinated white anchovies in vinegar / 8.6

JAMON IBERICO DE CEBO 40G/80G

Hand-cut Iberian cebo ham / 9 small / 16 large

TIERRA

FROM THE LAND

BOCADITOS DE PANCETA

Pork belly bites with balsamic dressing / 7.8

HUEVOS ROTOS

Fried potato, onion & egg with jamon / 8.5

NUGGETS DE POLLO

Homemade chicken nuggets with BBQ sauce & mayo / 7

MINI HAMBURGUESAS DE TERNERA

Two mini beef cheeseburgers / 9

SECRETO IBERICO A LA BRASA

Grilled pork steak (secret cut) with sweet, green chillies in tempura with chimichurri sauce / 9.8

PINCHITO DE POLLO

Grilled marinated chicken skewer with saffron aioli / 8.5

SOBRASADA

Chorizo pate w/ crusty bread & honey dressing / 7.5

CROQUETAS CASERAS DE JAMON IBERICO

Homemade Iberian ham croquettes / 9

CHORIZO A LA SIDRA

Spanish chorizo in cider sauce / 8

ALBONDIGAS RELLENAS DE MANCHEGO

Meatballs stuffed with manchego cheese in tomato sauce / 9

MAR

FROM THE SEA

SALMON GRAVLAX

Cured salmon with beetroot & tequila / 9.5

CROQUETAS CASERAS DE CALAMAR

Homemade croquettes w/ squid ink / 8.8

CHIPIRONES FRITOS

Salt & peppers squid w/ aioli / 8.5

MEJILLONES EN VINO BLANCO

Mussels in white wine sauce / 8.5

CALAMARES CON SALSA DE AJO Y CHILLI DULCE

Sweet chilli & garlic calamari with coriander / 8.5

PESCADO REBOZADO CON PATATAS

Mini fish & chips / 8

GAMBAS AL AJILLO

King prawns w/ garlic, brandy & chilli sauce / 9.8

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JOIN US FOR
PAELLA ON
SATURDAYS &
SUNDAY
ROAST