

Sunday Roast Menu

SUNDAY ROAST

30-Day Dry-Aged Pure Grass-Fed
British Beef

25

*With hispi cabbage, fine green beans, carrots, parsnips,
roast potatoes, and a Yorkshire pudding*

Corn-Fed Supreme English Chicken
Breast

22

*With hispi cabbage, fine green beans, carrots, parsnips,
roast potatoes, stuffing, and a Yorkshire pudding*

Locally-Sourced English Lamb

27

*With hispi cabbage, fine green beans, carrots, parsnips,
roast potatoes, and a Yorkshire pudding*

Iberian Pork Knuckle

24

*With hispi cabbage, fine green beans, carrots, parsnips,
roast potatoes, and a Yorkshire pudding*

Cauliflower Cheese

11

PLATOS PRINCIPALES - MAIN MEALS

Beer-battered Haddock & Chips

18

w/ mushy peas & tartare sauce

Captain's Favourite Beef Burger

18

*With bacon, cheese, sauce, crispy onions &
chips*

Grilled Chicken Burger

17.5

*With bacon, blue cheese, crispy onions,
sauce & chips*

Important: Our food may contain nuts. If you have any type of allergy
to any food products, please advise your server prior to ordering

The Captain Cook

Sunday Menu

TAPAS

Gilda (per unit) 4.9
Cantabrian anchovies, olives, manchego cheese & piparra

Lollipops de pollo 13
Crispy chicken lollipops with gin and Korean spices

Selecion de Panes to Share 4.3
Breads with olive oil and balsamic vinegar

Nuestras Berejenas 11
Fried aubergines with honey & goat's cheese

Pinchito de Pollo 10.5
Grilled marinated chicken skewer with saffron alioli

Croquetas Caseras de Jamon Iberico 11.5
Homemade Iberian ham croquettes

Jamon Iberico 15
Hand-cut Iberian ham

Pimientos del Padron 9
Padron peppers with Maldon sea salt

Chipirones Fritos 11
Salt & peppers squid w/ sweet chilli mayo

Olivas Marinadas 4.7
Marinated Olives

Pescaito frito 10
Andalusian-style fried fish with alioli

Cantabrian Anchovies 12
With Manchego cheese in olive oil

Boquerones en Vinagre 9.8
Fresh marinated white anchovies in vinegar

Pescado Rebozado con Patatas 10
Mini fish & chips

Arancini de Queso Manchego 11.5
Manchego cheese arancini w/ sweet chilli mayo

Pan Catalan 5.3
Toasted bread with tomato, olive oil & black pepper (2 pieces)

Gambas al Ajillo 12.8
King prawns w/ garlic and fresh chilli sauce

Alcachofas con Romesco 13
Roasted artichoke hearts with romesco sauce

Albondigas Rellenas de Manchego 11.5
Meatballs stuffed with Manchego cheese in tomato sauce

Patatas Bravas 8.8
With alioli & bravas sauce

Croquetas Caseras de Calamar 11
Homemade croquettes w/ squid ink

Croquetas de Championes y Trufa 11
Mushroom & truffle croquettes

Bocaditos de Panceta 9.8
Pork belly bites with balsamic dressing

Nuggets de Pollo 9
Homemade chicken nuggets with BBQ sauce & mayo

The Captain Cook