

# Menu

## TO START

Glass of Manzanilla La Goya	7
Olivas Marinadas <i>Marinated Olives</i>	4.5
Bread to Share <i>Bread with olive oil and balsamic vinegar</i>	3.8
Pan Catalan <i>Toasted bread with tomato, olive oil &amp; black pepper</i>	5.3
Boquerones en Vinagre <i>Fresh marinated white anchovies in vinegar</i>	9.8
Jamon Iberico <i>Hand-cut Iberian ham</i>	15

## MAR - FROM THE SEA

Cantabrian Anchovies <i>With Manchego cheese in olive oil</i>	11.5
Croquetas Caseras de Calamar <i>Homemade croquettes w/ squid ink</i>	11
Gambas al Ajillo <i>King prawns w/ garlic and fresh chilli sauce</i>	12.8
Chipirones Fritos <i>Salt &amp; peppers squid w/ saffron alioli</i>	11
Pescadero Rebozado con Patatas <i>Mini fish &amp; chips</i>	10

## VEGETARIANO

Grilled Asparagus and Courgette <i>With parmesan cheese and pine nuts</i>	9.5	Nuestras Berejenas <i>Fried aubergines with honey &amp; goat's cheese</i>	11	Ensalada Griega <i>Greek style salad</i>	9.3
Huevos Rotos <i>Fried potato, onion &amp; egg with padron peppers</i>	9.8	Arancini de Queso Manchego <i>Manchego cheese arancini w/ sweet chilli mayo</i>	11.5	Patatas Bravas <i>With aioli &amp; bravas sauce</i>	8.8
Pimientos del Padron <i>Padron peppers with Maldon sea salt</i>	9	Halloumi Chips <i>With sweet chilli sauce</i>	9	Croquetas de Championes y Trufa <i>Mushroom &amp; truffle croquettes</i>	11

# The Captain Cook

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Important: Our food may contain nuts. If you have any type of allergy to any food products, please advise your server prior to ordering

## TIERRA FROM THE LAND

Huevos Rotos <i>Fried potato, onion &amp; egg with jamon</i>	11	Albondigas Rellenas de Manchego <i>Meatballs stuffed with Manchego cheese in tomato sauce</i>	11.5
Pinchito de Pollo <i>Grilled marinated chicken skewer with saffron alioli</i>	10.5	Mini Hamburguesas de Tenera <i>Two mini beef cheeseburgers</i>	12
Nuggets de Pollo <i>Homemade chicken nuggets with BBQ sauce &amp; alioli</i>	9	Bocaditos de Panceta <i>Pork belly bites with balsamic dressing</i>	9.8
Croquetas Caseras de Jamon Iberico <i>Homemade Iberian ham croquettes</i>	11.5	Chorizo a la Sidra <i>Spanish chorizo in cider sauce</i>	10
Sobrasada <i>Chorizo pate served with honey &amp; crusty bread</i>	9	Secreto Iberico a la Brasa <i>Grilled pork steak (secret cut) with padron peppers &amp; chimichurri sauce</i>	13

## PLATOS PRINCIPALES MAIN MEALS

Salmon al Parpillote con Patatas (a lo Pobre) <i>Baked salmon with fried potato slices &amp; seasonal vegetables</i>	20	Beer-battered Haddock & Chips <i>w/ mushy peas &amp; tartare sauce</i>	18	Captain's Favourite Beef Burger <i>With bacon, cheese, sauce, crispy onions &amp; chips</i>	18
Pork Steak Secret Cut <i>With padron peppers, triple cooked chips &amp; chimichurri sauce</i>	22	Traditional Chicken Caesar Salad <i>With rosemary croutons, parmesan, Spanish anchovies &amp; grilled chicken</i>	16.5	Grilled Chicken Burger <i>With bacon, blue cheese, crispy onions, sauce &amp; chips</i>	17.5
Greek Salad <i>Traditional Greek salad</i>	16.5			Moving Mountains Veggie Burger <i>With cheese, sauce, crispy onions &amp; sweet potato fries</i>	17

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